



Would you like to make a difference to the life of a child or a young person with disabilities in your area?

Cambridgeshire Mencap is looking for volunteers for its Family Support and Befriending Schemes. Our schemes match volunteers with children or young children with learning disabilities to enable them to socialise or just to give their families a break. It only takes a few hours of your time and really does change lives.

We think our volunteers are exceptional, and you could be too! We give training and support, but it's the young people who make it all worthwhile. Rob said "I'm so glad I got in touch about volunteering, if you're thinking about volunteering just do it, you'll never regret it."

Like to know more?

Contact Pat Scott, Volunteers Support Coordinator on 01223 883140 or email: Pat@cambridgemencap.co.uk